

# *Yvette C. Mallory, RN, PsyD*

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## **LICENSE AND CERTIFICATIONS**

2023-Present	<u>Authority to Practice Interjurisdictional Telepsychology Authorization</u> APIT Number: 15589
2023- Present	<u>Tennessee Licensed Psychologist</u> No. 3980
2016 –Present	<u>Florida Licensed Psychologist</u> PY9599
2013 – Present	<u>Florida Registered Nurse License</u> No. RN9367902
2009 – Present	<u>Arizona Registered Nurse License</u> No. RN159548

## **EDUCATION**

08/10 – 08/14	<b>PsyD Counseling Psychology</b> (APA Accredited Program) Chatham University, Pittsburgh, PA
01/09 - 08/10	<b>MA Counseling Psychology</b> Chatham University, Pittsburgh, PA
08/96 – 05/00	<b>MSN Cardiopulmonary Nursing</b> University of Delaware, Newark, DE
08/88 – 05/93	<b>BSN Nursing</b> Delaware State College, Dover, DE

## **LICENSED CLINICAL EXPERIENCE**

7/16 – present	<u>Katz Counseling &amp; Educational Psychology</u>
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Fort Myers, FL

- Diagnose psychological conditions for various disorders. Specific focus is on chronic health conditions (i.e., chronic pain, insomnia, etc.) and gerontology.
- Complete presurgical evaluation including bariatric and spinal cord stimulator or pain pump evaluations
- Conduct individual and couples therapy with adults
- Utilize therapeutic techniques including cognitive-behavioral therapy, behavioral modification, acceptance and commitment therapy, and Gottman couples' therapy.
- Perform comprehensive psychoeducational and vocational assessments evaluating learning disorders and developmental difficulties in older adolescents and adults
- Performed psychological evaluations for the Diocese of Southwest Florida for priests, pastors, and seminary students

2/17 -- 2/2020

Cotler Healthcare

- Provided psychological services for older adults in assistant living, independent living, and nursing home facilities which included:
  - Capacity evaluations and/or comprehensive psychological evaluations to assess cognitive level of functioning
  - Individual therapy for behavioral concerns, severe mental illness, stress and coping skills, adjustment difficulties, anxiety/depressive symptoms, and grief/loss

## **POST-DOCTORAL RESIDENCY**

11/14 – 7/16

Katz Counseling & Educational Psychology

Fort Myers, FL

- Diagnosed psychological conditions including depression, anxiety, bipolar, trauma-related disorders, and personality disorders.
- Completed presurgical evaluation including bariatric and spinal cord stimulator evaluations
- Conducted individual, couples and group therapy with adolescents and adults
- Utilized therapeutic techniques including cognitive-behavioral therapy, behavioral modification, acceptance and commitment therapy, and Gottman couples' therapy.
- Performed comprehensive psychoeducational and vocational assessments evaluating learning disorders and developmental difficulties in adolescents and adults
- Performed psychological evaluations for the Diocese of Southwest Florida for priests, pastors, and seminary students

**Supervisor:** Sheba Katz, Ph.D., NCSP, LP, LSP & Rose Anne Illes, Ph.D.

## **PRE-DOCTORAL INTERNSHIP**

08/13 – 07/14 Florida Gulf Coast University Counseling and Psychological Services  
(APPIC Pre-Doctoral Internship Program)

Fort Myers, FL

- Provided individual, career, and group counseling to college students
- Provided triage and crisis intervention services to students
- Performed Psychological assessments
- Provided outreach presentations to staff, students, and family members
- Served as liaison for International Services and Student Support Service
- Supervised Master-level graduate students in counseling psychology program

**Supervisors:** Laura Wright Ph.D., Michael Ghali Ph.D. and  
Judi Gibbons Ph. D

## **PRACTICA TRAINING**

05/12 – 08/12 Alleghany General Hospital

Pittsburgh, P.A.

- Administered neuropsychological and personality assessments on inpatient medical, critical care and trauma units, and in the emergency room.
- Provided in-patient liaison and consultation services for inpatient psychiatric floor within hospital system.
- Performed competency testing for geriatric population
- Participated in treatment rounds with multidisciplinary team and psychiatrist

**Supervisor:** Glen Getz, Ph. D

01/12 – 07/12 Staunton Clinic

Pittsburgh, P.A.

- Provided individual therapy to adolescents and adults in an outpatient community mental health center.

**Supervisor:** Bruce Rohr, Ph. D

01/11 – 12/11

ReMed

Pittsburgh, PA

- Provided individual and group therapy with adults having traumatic brain injury
- Provided education to health professionals on stress management
- Administered psychological and personality assessments.
- Participated in weekly treatment rounds with multidisciplinary team.
- Developed chronic-pain resource book for clients.

**Supervisor:** Michael Sittig, Ph.D

- 05/10 – 8/10      University of Pittsburgh Medical Center: Hillman Cancer Center  
Pittsburgh, PA
- Provided individual therapy with adults with various cancer diagnosis on inpatient medical/oncology units, the outpatient clinic, and on multiple units focusing on women’s health
  - Provided consultation and liaison services
  - Participated in multidisciplinary team rounding on inpatient units with multidisciplinary team.
- Supervisor:** Donna Posluszny, Ph. D

## **RESEARCH EXPERIENCE**

- 07/14      Dissertation Defense  
**Chair:** Dr. Britney Brinkman  
“Exploring Adolescent Perspectives on Dating Violence”
- 05/11 – present      Peer Reviewer  
Conduct peer reviews for the Journal of Interpersonal Violence
- 06/11 – 07/11      Research Assistant: Chatham University  
FAIR+ (Fairness for All Individuals through Respect): Program is designed to decrease identity-based bullying and teach children about fairness. The program uses hands-on activities to meet the students where they are and encourage active learning.
- 01/10 – 05/11      Psychology of Gender Research Team: Chatham University  
Research Assistant within the graduate psychology department

## **SUPERVISORY & TEACHING EXPERIENCE**

- 01/13 – 04/13      Chatham University: Pittsburgh, PA
- Foundations of Counseling Psychology (PSY501:90\_13SP2)
- Teacher Assistant for students in Master of Counseling Psychology program. Class focused on historical, theoretical, and practical aspects of the counseling psychology field.
- 01/12 – 04/12      Chatham University: Pittsburgh, PA
- Foundations of Counseling Psychology (PSY501:90\_12SP2)
- Supervision of students in masters of counseling psychology program at Chatham University. Provide individual feedback for each student to enhance skill development.

## PRESENTATIONS

- Mallory, Y.** (2017) *Depression/chronic pain*. Presented at the American Chronic Pain Association meeting, Fort Myers, FL.
- Mallory, Y.** (2016) *Gottman Method in Marriage Counseling*. Presented at Cape Coral High School AP Psychology class, Cape Coral, FL.
- Mallory, Y.** (2015). *Psychological and Social Challenges of Multiple Sclerosis*. Presented at the MS Views and News educational program at the Holiday Inn, Fort Myers, FL
- Katz, N., & **Mallory, Y.** (2015). *Natural Treatment for Anxiety*. Presented at the Caloosa Nature Center, Fort Myers, FL
- Mallory, Y.**, & Peterson, A. (2012). *Conflict Resolution* Presented at the Howard Levin Clubhouse Community Center, Pittsburgh, PA
- Mallory, Y.**, Stocker, R., & Uram, N. (2011). *Identifying Strengths and Skills for Employment*. Presented at the EARN program, Pittsburgh, PA
- Isacco, A. Rogers, T.E., & **Mallory, Y.** (2010). *The Theory of Reasoned Action to Predict College Men's Intentions to Seek Psychological Help*. Poster session presented at the American Psychological Association, San Diego, CA.
- Mallory, Y.** (2008). *Recruitment Tips in Pulmonary Hypertension Research Trials, COMPASS 2 Trial*. Presented at the COMPASS 2 investigator meeting, Lucerne, Switzerland.
- Mallory, Y.** (2006-2007). *Pulmonary Hypertension Research Study Updates*. Presented at the quarterly preceptorship program, Pittsburgh PA.

## PUBLICATIONS

- Mallory, Y.** (2007). Clinical Case Study in Pulmonary Hypertension. *American Association of Heart Failure Nurse: The Connection*. 14, 4-5.
- Mallory, Y.** (2000). *A low fat and low salt cookbook for hypertensive African Americans*. Unpublished manuscript. University of Delaware.

## MEDICAL WORK EXPERIENCE

07/14 – 08/16      Senior Home Care: Fort Myers, FL

- Perform psychological evaluations and assessments to geriatric population

- 02/09 – present      University of Phoenix Online: Home-Based
- Faculty Instructor for the following courses:
- NURS598: Research Utilization Project- Graduate level nursing course focusing on using both nursing and scientific knowledge in the nursing practice setting.
  - HCS/542: Health Care Research – Graduate level course focusing on the application of health care research methods and using evidenced based concepts to analyze current health care workplace issues.
  - HCS/465: Health Care Research Utilization- Undergraduate level course introducing the purpose and process of research and its application in health care.
- 08/12 – 6/12      Western Psychiatric Institution and Clinic: Pittsburgh, PA
- Research Assistant for study examining patients with borderline personality disorder and their partners.
  - Conducted structured interviews using the Structure Clinical Interview for DSM-IV Axis I (SCID), Hamilton Depression Scale, and the Structure Clinical Interview for Personality Disorders (SCIDP-IV).
- 03/11 – 08/12      Landmark Home Health Care: Pittsburgh, PA
- Performed skilled medical and psychiatric nursing homecare visits to patients.
  - Conducted psychiatric assessments for patients having suicidal ideation, depression, and cognitive impairments.
- 01/05 – 01/11      University of Pittsburgh: Pittsburgh, PA
- Coordinated clinical research trials for the Stroke and Cardiovascular Institute. Primary responsibilities included writing research protocols and consents, IRB submissions, educating health professionals, and recruitment of participants
  - Provided counseling and education to patients and family on diagnosis and treatment
  - Conducted nursing assessments and interventions
  - Participated in community outreach programs and provided education on stroke prevention at health fairs.
- 05/01 – 01/05      American Healthways: Pittsburgh, PA
- Comprehensive Care Manager: Coordinated care and utilization of resources for high-risk members with heart failure, asthma, and chronic obstructive pulmonary disease.

- Created individualized health plan provided health education and counseling for members having Blue Cross Blue Shield insurance.
- Managed health members having heart failure through use of tele-home monitoring equipment.

09/00 – 05/01      University of Pittsburgh Medical Center: Pittsburgh, PA

- Staff Nurse in Cardiothoracic Intensive Care Unit and Intensive Care Units: Monitored and provided care for post-operative coronary artery bypass surgery, heart and lung transplant, and other critically ill patients on multiple intensive care units throughout hospital system.

06/93 – 09/00      Atlantic City Medical Center: Atlantic City, NJ

- Staff Nurse: Provided care to adult population on medical/surgical, cardiac step-down and critical care/trauma units.
- Preceptor to new staff and graduate nurses.
- Provided educational in-services for staff patient care.
- Completed one-month critical care certification at Thomas Jefferson University Hospital in Philadelphia, PA.

## **PROFESSIONAL AFFILIATIONS**

American Psychological Association (APA): Division 38 - Health Psychology

American Academy of Clinical Neuropsychology

Psychologists in Long Term Care

## **LEADERSHIP EXPERIENCE**

2011 – 2013      Pennsylvania Psychological Association of Graduate Students (PPAGS)

2008 – 2009      Campus Representative for Chatham University, Advocacy Coordinating Team Liaison

2006 – 2011      Pulmonary Hypertension Resource Network  
Research Committee Member

## **COMMUNITY OUTREACH**

2015– 2019      Big Brothers, Big Sisters  
Fort Myers, FL  
Mentoring Program

- 2010 – 2012            Mount Ararat Baptist Church  
Pittsburgh, PA
- Mentoring Program for inner-city girls between the ages of 10-14 years.
- 2009 – 2010            Mount Ararat Baptist Church  
Pittsburgh, PA
- Grace Ministry- Mentoring for inner city girls between the ages 8-17 years.
- 2001 – 2012            Mount Ararat Baptist Church  
Pittsburgh, PA
- Annual Christmas Give Away Outreach
  - Assist with ministering to disadvantage families and for women in prison and shelters in the city of Pittsburgh.
- 2001 – 2005            Mount Ararat Baptist Church  
Pittsburgh, PA
- Health Ministry: Educating the African American community on health disease and issues with specific focus on prevention and screening.