
Veronica Anne Steller, PsyD

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EDUCATION

William James College Boston, MA | August 2021
Doctor of Psychology, Clinical Health Psychology Concentration

William James College Boston, MA | May 2018
Master of Arts, Professional Psychology | Cumulative GPA: 3.9

Florida Gulf Coast University Fort Myers, FL | December 2011
Bachelor of Arts, Psychology | Cum Laude | Cumulative GPA: 3.79

CLINICAL EXPERIENCE

Postdoctoral Residency | *Katz Counseling and Educational Psychology* Fort Myers, FL | Aug 2021– Present

Responsibilities:

- Provide individual, couples, family, and group psychological services to adolescents and adults
- Provide comprehensive neurodevelopmental, psychological, and psychoeducational evaluations
- Serve a broad range of psychological conditions including, but not limited to: depressive and anxiety disorders, trauma-related experiences and disorders, sleep disorders, and health-related disorders, such as those involving chronic pain, cancer, and end-of-life issues
- Utilized treatment modalities including psychodynamic/intersubjective approaches, Cognitive Behavioral Therapy (CBT), Acceptance and Commitment Therapy (ACT), and Motivational Interviewing (MI)
- Receive supervised training in psychological services and psychological evaluation

Supervisor:

- Sheba Katz, PhD, NCSP, LP, LSP

Internship, APA-Accredited, Clinical Health Psychology | *Geisinger Medical Center* Danville, PA | June 2020– July 2021

Responsibilities:

- Provided inpatient and outpatient psychological services with specialization in Health Psychology and Integrated care. Duties included: clinical intake/assessment, consultation, performing extensive medical chart reviews, interdisciplinary team meetings, individual safety planning, individual and family therapy, pre-surgical bariatric evaluations, case presentations, group/peer supervision, presentation within Department of Psychiatry for Grand Rounds, program development, and didactic seminar trainings
- Served a broad range of psychological conditions including, but not limited to: depressive and anxiety disorders, trauma-related experiences and disorders, sleep disorders, somatic and health-related disorders, psycho-oncology, eating disorders, and thought disorders
- Utilized treatment modalities including psychodynamic/intersubjective approaches, Cognitive Behavioral Therapy (CBT), Acceptance and Commitment Therapy (ACT), and Motivational Interviewing (MI)
- Received supervised training in psychological services

Supervisors:

- Brittany Williams, PhD, LP
- Steven Craig, PhD, LP
- Kylie McColligan-Oleski, PsyD, LP

Advanced Practicum, Clinical Psychology | *Edith Nourse VA Memorial Hospital* Bedford, MA | Sept 2019– May 2020

Responsibilities:

- Provided inpatient psychological services to adult Veterans on acute, inpatient detox/stabilization unit with comorbid medical and psychiatric disorders. Duties included attending interdisciplinary team meetings, individual safety planning, observations of admissions and discharges; co-facilitating/facilitating seven psychotherapy groups, including Anger Management, MI for Recovery, Relapse Prevention, Mindfulness, and Meditation; developed and implemented two additional therapy groups; attendance of Grand Rounds and didactic seminar training; comprehensive medical chart review; and, providing individual psychotherapy.
- Received supervised training in psychological services

Supervisor:

- Amanda Veith, PhD

Advanced Practicum, Clinical Health Psychology | *Boston PainCare* Waltham, MA | Aug 2018– June 2019

Responsibilities:

- Provided individual, couples, family, and group psychological services in an outpatient, interdisciplinary chronic pain practice for adult patients with psychiatric and medical comorbidities. Duties included conducting opioid risk assessments and comprehensive psychosocial pain evaluations, providing individual psychotherapy; co-facilitated biweekly psychoeducation/support group entitled “Meditation and Mindful Action”; served as primary research coordinator for clinical trial involving chronic pain and EEG measure; participated in weekly interprofessional facial pain and headache rounds with Tufts University School of Dental Medicine; participated in observation as well as provided co-therapy with Massachusetts General Hospital (MGH) Pain Clinic Psychology Department; completed daily progress notes and medical chart reviews; and, participated in weekly interdisciplinary team meetings for case evaluation and consultation.
- Received supervised training in psychological services

Supervisor:

- Kelly M. Wawrzyniak, PsyD

Clinician (per diem) | *Facing Cancer Together, Inc.* Brighton, MA | June 2018– August 2018

Responsibilities:

- Served as per diem clinician working with adults aged 18-75 years old diagnosed with comorbid cancer and psychiatric diagnoses. Duties included: providing individual psychotherapy, co-facilitating end-of-life planning for families, conducting clinical intakes, providing coverage by facilitating bereavement, cancer, and caregiver support groups; and participated in fall event fundraiser planning committee with FCT Board members.
- Received supervised training in psychological services

Supervisor:

- Nancy Gaulin, PsyD, MBA

Practicum, Clinical Health Psychology | *Facing Cancer Together, Inc.* Brighton, MA | Aug 2017– June 2018

Responsibilities:

- Provided individual, couples, family, and group psychological services within a non-profit outpatient community support organization for adult cancer patients and families/caregivers. Duties included facilitating six weekly cancer support/caregiver support groups, providing long-term psychotherapy, conducting all clinical intakes, co-facilitating and facilitating young-adult and adult bereavement therapy groups; participated in weekly didactic and clinical seminars; developed curriculum on socio-emotional training for children aged 13-17 whose parent had cancer (Kids Count Too! Program); participated in weekly team/staff supervision; attended bi-monthly Board meetings; and, conducted outreach for grant/fundraising programming.
- Received supervised training in psychological services

Supervisor:

- Nancy Gaulin, PsyD, MBA

Practicum, Clinical Psychology | *Family Continuity* Lawrence, MA | Jan 2017– June 2017

Responsibilities:

- Provided individual and family psychological services to children aged 10 months to 14 years and their families in an outpatient community mental health center. Duties included providing individual therapeutic mentor services to children and the family, individual counseling, play therapy, social-pragmatic skill building, and parental coaching; provided supervision and counseling for the Department of Children and Families (DCF); completed progress notes and written recommendations to clinical team and primary clinician regarding multiple clients; attended weekly interdisciplinary team meetings.
- Received supervised training in psychological services

Supervisors:

- Tara Parisi, LICSW
- Lionel Joseph, PsyD

Practicum, Clinical Psychology | *Briscoe Middle School*

Beverly, MA | August 2016– Nov 2016

Responsibilities:

- Provided individual and group psychological services to children aged 10 to 14 years enrolled in various Special Education programming in a public-school setting. Duties included: providing small group counseling, individual counseling/therapy, facilitating social-pragmatic skills groups, observing classroom, creating appropriate neurodiversity process sheets, and assisting Speech Pathologist with groups with children diagnosed with severe Autism Spectrum Disorder; implemented behavior plans and provided consultation to guidance counselor for individual cases on an as needed basis; implemented CBT-based behavior plans in small groups; attended weekly group supervision.
- Received supervised training in psychological services

Supervisors:

- Raechel Blinderman, LICSW
- David Stember, PhD

TEACHING EXPERIENCE

Supervisor-in-Training | *William James College, Dept Clinical Psychology*

Boston, MA | Oct 2019– May 2020

Responsibilities:

- Provided supervision to first-year clinical psychology graduate student on a weekly basis (60-minute sessions) for 2019-2020 academic year. Goals of supervision included providing supervisee with various theoretical orientations for case conceptualization, discussed clinical caseload (adolescents with psychiatric disorders and substance use issues) utilized role-playing, provided modeling of boundaries and limitation settings; assisted supervisee to navigate systems within practicum and facilitated supervisee's ability to recognize areas of strength and areas for professional growth.
- Received weekly supervision by licensed psychologist

Supervisor:

- Jodi Kliman, PhD

Chronic Pain in Psycho-Oncology: Didactic Seminar | *Facing Cancer Together, Inc. (FCT)*

Brighton, MA | May 2019

Role: Co-facilitator

- Co-facilitated didactic seminar for graduate students on chronic pain and cancer utilizing current peer-reviewed research. Led discussion with Dr. Gaulin, topics included: "factors affecting experience of pain for cancer patients" and "patient empowerment in cancer pain management."

Cancer Patient & Caregiver Workshop | *Dana-Farber Cancer Institute (DFCI) & FCT*

Boston, MA | Aug 2018

Role: Co-presenter

- Collaborated with Dana-Farber Cancer Institute (DFCI) to present a free workshop to cancer patients and caregivers (approximately 40 attendees). Developed the curriculum and PowerPoint presentation for DFCI; presented two-hour workshop on educating patients/caregivers on phases of cancer, emotional impacts of cancer at each phase, and provided important available resources for patients and their families.

Harvard Medical School Training | *Facing Cancer Together, Inc. (FCT)*

Brighton, MA | June 2018 – July 2018

Role: Lead Facilitator

- Collaborated with Harvard Medical School (HMS) to provide training to first-year medical students through a six-week workshop focused on delivering difficult news to cancer patients. Facilitated each weekly group, consisting of five to six first-year medical students, two cancer participants, and one HMS instructor. Conducted role-playing and provided constructive feedback to students in service of having them learn skills and gain a meaningful understanding of issues involved in informing patients of serious diagnoses, such as metastatic cancer. Separately debriefed and processed with cancer patients after each session.

Lifespan Development | *William James College, Dept Clinical Psychology* Boston, MA | Jan 2018– May 2018

Role: Teaching Assistant (TA), 3-credit graduate course

- Provided TA services to Dr. Venkataraman for Lifespan Development graduate course. Duties included grading coursework, providing clear and objective feedback for students' written work, facilitating in-class discussions and group presentations, and attended all class lectures.

Instructor:

- Shyamala Venkataraman, PhD

“Training the Trainers:” YMCA Livestrong Workshop | *Facing Cancer Together, Inc. & YMCA* Waltham, MA | Jan 2018

Role: Co-Presenter

- Collaborated with YMCA LiveStrong Programming and Facing Cancer Together to deliver a half-day workshop on “Training the Trainers: Cancer Survivor Wellness.” Presented to approximately 35 LiveStrong coordinators and personal trainers on definition of cancer survivorship, phases of cancer, psychosocial issues in cancer survivorship, coping skills for both patients and trainers, and provided resources for coordinators and trainers working with individuals diagnosed with cancer.

RESEARCH EXPERIENCE

Doctoral Project | *William James College* Boston, MA | Sept 2018 – Aug 2020

Role: Principal Investigator

Chairperson: Carolyn Rabin, PhD

Committee Member: Robert Childs, PsyD

Discussant: Kristen Dillon, PsyD, ABPP

- Title: “Dying to live: the role of clinician death anxiety in decision-making around involuntary hospitalization for suicidal patients.”
- Utilized a quantitative research design through a cross-sectional survey of healthcare providers; original data was collected and analyzed to better understand potential relationship between death anxiety and decision-making among clinicians tasked with involuntarily hospitalizing suicidal patients.
- Presented Colloquium August 21, 2020

PainQX Study | *Boston PainCare* Waltham, MA | Oct 2018 – March 2019

Role: Research Assistant

Principal Investigator: David DiBenedetto, MD

Clinical Supervisor: Kelly M. Wawrzyniak, PsyD

- Assisted in PainQX study for collection of EEG data to aid in the development of chronic pain assessment algorithms. Duties included: recruitment for patient participation, screening of potential participants, reviewing patient medical charts, obtaining informed consent, administering participant questionnaires, debriefing with participants, and recording data for record keeping.

RELATED WORK EXPERIENCE

Hospital Administration | *Brigham & Women's Hospital; Harvard Medical School* Boston, MA | Sept 2015– Aug 2016

Osher Center for Integrative Medicine, Division of Preventive Medicine

Supervisor: Helene M. Langevin, MD – Director, Osher Center

Responsibilities:

- Project Event Planning/Coordination and Administrative and Financial Data support for the Director, the Research Director, and the Program Manager as follows: managed calendars and schedules for three senior-level managers (i.e. maintain appointments, meetings, special requests, and collaborate with multiple other administrative assistants to engage multiple parties for large meetings and conference calls); organized and facilitated Integrative Medicine Grand Rounds and Research Seminar Series (biweekly), facilitated Q&A with audience, as well as organized post-event discussion coffee hour; organized and co-facilitated the Joint Triple Conference of Acupuncture/Fascia/Oncology: booked accommodations for key speakers, collected and maintained legal paperwork, reimbursed 10 key speakers, facilitated and led registration and check-in, managers volunteers, designed and produced event marketing materials; maintained multiple sundry funds and accounts for payables/receivables; produced Statement of Work documents for Pilot Studies/Grants; and, edited and proofed grant proposals for the Director of the Osher Center.

Hospital Administration | *Brigham and Women's Hospital*

Boston, MA | Dec 2014– Sept 2015

Surgical, Procedural, and Imaging Services, Department of Medicine

Supervisor: Jennifer Lima, CPA – Senior Director of Finance

Responsibilities:

- General administrative and financial/data support to four senior leaders, the Service Center Multidisciplinary Office, and the Osher Clinical Center for Integrative Medicine as follows: managed calendars/schedules for four senior-level managers in Surgical Services; organized several key events for Epic “go-live”; created and implemented organized events for the Lung Center and Spine Center at Brigham and Women’s Faulkner Hospital, co-facilitated organization and implementation of “The Heart of the Future Event”; created excel based report of major capital budget for Surgical, Procedural, and Imaging Services along with expenditures; implemented new cost-delineation and ordering protocol for the Service Center to facilitate proper budget alignment between seven departments. For the Osher Clinical Center, assisted consulting psychiatrist in creating and organizing syllabus and class materials for 8-week Mindfulness Based Stress Reduction (MBSR) course; designed/created clinic reference manual for new hires; assisted with website changes; and, organized the BWH credentialing process and annual evaluation for nine medical providers.

PROFESSIONAL AFFILIATIONS & CERTIFICATIONS

American Psychological Association (APA) <i>Member</i>	June 2016– Present
Division 12 of APA, Society of Clinical Psychology <i>Member</i>	Sept 2021– Present
Division 38 of APA, Health Psychology <i>Member</i>	Sept 2021– Present
Florida Psychological Association (FPA) <i>Member</i>	Sept 2021– Present
Massachusetts Child & Adolescent Needs & Strengths (CANS) <i>Certified Assessor</i>	Jan 2017– Jan 2019
Massachusetts Psychological Association (MPA) <i>Member</i>	Aug 2016– Aug 2018
Florida Gulf Coast University Psychology Club <i>Member</i>	Aug 2010– Dec 2011
American Sign Language (ASL) <i>Certification through Barron Collier Adult Ed Svcs</i>	May 2001– Aug 2002

HONORS / AWARDS

The Brigham Way Campaign <i>Brigham and Women's Hospital (BWH)</i> <i>Nominee (nominated by Betsy Nabel, MD, President, BWH)</i>	Boston, MA Aug 2015– Aug 2016
Dean's List <i>Florida Gulf Coast University (FGCU)</i> <i>Awarded</i>	Esteros, FL Aug 2009– Dec 2011
Florida Bright Futures Academic Award <i>Dept of Education, Florida</i> <i>Awarded 100% tuition scholarship (~\$4,000/academic year) for outstanding achievement</i>	Aug 2004– Aug 2011

VOLUNTEER EXPERIENCE

3rd Annual 10k Run/Walk Fundraiser | *Facing Cancer Together, Inc.*

Brighton, MA | May 2018

- *Volunteer activities included registering participants, collecting monetary donations, running/walking with cancer patients, clean-up, and record keeping*

Graduate Student Interview Day | *William James College.*

Boston, MA | March 2018

- *Accompanied faculty member/professor, Dr. Elana Weiner, for William James College's graduate student interview day; assisted with interviewing five students applying for the Doctorate in Clinical Psychology program; provided written feedback to faculty committee regarding decision-making and student evaluations.*

19th Annual Samaritans 5k Run/Walk for Suicide Prevention | *Samaritans, Inc.*

Brighton, MA | Sept 2017

- *Walked with William James College fundraising team to support Samaritans, Inc. in their fundraising event for suicide prevention and awareness.*

Occupational & Physical Therapy Volunteer | *Vineyards Elementary School.*

Naples, FL | Aug 2003 – May 2004

- *Worked with children aged 2-10 years old suffering from various learning disorders and physical disabilities (e.g. muscular dystrophy, Down's Syndrome) and neuropsychological disorders (e.g. severe Autism Spectrum Disorder, AD/HD), supervising activities, play therapy, and occupational therapy*

Supervisor: Madeleine Jones, MS, OTR/L

Educational Tutor | *Missions to the World (MTW)*

Kingston, Jamaica | June 2002

- *Knockpatrick's School for the Deaf – taught English and Mathematics to deaf, elementary school-aged children; engaged in play therapy with deaf toddlers and children.*

Construction Labor, Orphanage Volunteer | *Missions to the World (MTW)*

Kingston, Jamaica | June 2001

- *Kingston's Village for the Deaf and Kingston Orphanage – construction labor to help build a village for the deaf community to work and live; engaged in play therapy/caring for toddlers and participated in fundraising activities for the Kingston Children's Orphanage.*