

Yvette C. Mallory, RN, PsyD

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LICENSE AND CERTIFICATIONS

- | | |
|----------------|---|
| 2016 – Present | <u>Florida Licensed Psychologist</u>
PY9599 |
| 2013 – Present | <u>Florida Registered Nurse License</u>
No. RN9367902 |
| 2009 – Present | <u>Arizona Registered Nurse License</u>
No. RN159548 |
| 2000 – Present | <u>Pennsylvania Registered Nurse License</u>
No. RN356241L |
| 1993 – 2000 | <u>New Jersey Registered Nurse License</u>
Inactive |
| 1993 – Present | Basic Life Support (BLS) |
| 1994 – 2012 | Advanced Cardiac Life Support (ACLS) |

EDUCATION

- | | |
|---------------|--|
| 08/10 – 08/14 | PsyD Counseling Psychology (APA Accredited Program)
Chatham University, Pittsburgh, PA |
| 01/09 - 08/10 | MA Counseling Psychology
Chatham University, Pittsburgh, PA |
| 08/96 – 05/00 | MSN Cardiopulmonary Nursing
University of Delaware, Newark, DE |
| 08/88 – 05/93 | BSN Nursing
Delaware State College, Dover, DE |

LICENSED CLINICAL EXPERIENCE

2/17 -- present

Cotler Healthcare

7/16 – present

Katz Counseling & Educational Psychology

Fort Myers, FL

- Diagnose psychological conditions including depression, anxiety, bipolar, trauma-related disorders, somatic symptom disorders, gender dysphoria and personality disorders.
- Complete presurgical evaluation including bariatric and spinal cord stimulator evaluations
- Conduct individual, couples and group therapy with adolescents and adults
- Utilize therapeutic techniques including cognitive-behavioral therapy, behavioral modification, motivational interviewing, biofeedback, acceptance and commitment therapy, and Gottman couples therapy.
- Perform comprehensive psychoeducational and vocational assessments evaluating learning disorders and developmental difficulties in adolescents and adults

POST-DOCTORAL RESIDENCY

11/14 – 7/16

Katz Counseling & Educational Psychology

Fort Myers, FL

- Diagnosed psychological conditions including depression, anxiety, bipolar, trauma-related disorders, somatic symptom disorders, gender dysphoria and personality disorders.
- Completed presurgical evaluation including bariatric and spinal cord stimulator evaluations
- Conducted individual, couples and group therapy with adolescents and adults
- Utilized therapeutic techniques including cognitive-behavioral therapy, behavioral modification, motivational interviewing, biofeedback, acceptance and commitment therapy, and Gottman couples therapy.
- Performed comprehensive psychoeducational and vocational assessments evaluating learning disorders and developmental difficulties in adolescents and adults

Supervisor: Sheba Katz, Ph.D., NCSP, LP, LSP & Rose Anne Illes, Ph.D.

PRE-DOCTORAL INTERNSHIP

08/13 – 07/14

Florida Gulf Coast University Counseling and Psychological Services
(APPIC Pre-Doctoral Internship Program)

Fort Myers, FL

- Provided individual, career, and group counseling to college students
- Provided triage and crisis intervention services to students

- Performed Psychological assessments
- Provided outreach presentations to staff, students, and family members
- Served as liaison for International Services and Student Support Service
- Supervised Master-level graduate students in counseling psychology program

Supervisors: Laura Wright Ph.D., Michael Ghali Ph.D. and Judi Gibbons Ph.D

PRACTICA TRAINING

05/12 – 08/12

Alleghany General Hospital

Pittsburgh, P.A.

- Administered neuropsychological and personality assessments on inpatient medical, critical care and trauma units and in the emergency room.
- Provided in-patient liaison and consultation services for inpatient psychiatric floor within hospital system.
- Performed competency testing for geriatric population
- Participated in treatment rounds with multidisciplinary team and psychiatrist

Supervisor: Glen Getz, Ph.D

01/12 – 07/12

Staunton Clinic

Pittsburgh, P.A.

- Provided individual therapy to adolescents and adults in an outpatient community mental health center.

Supervisor: Bruce Rohr, Ph.D

01/11 – 12/11

ReMed

Pittsburgh, PA

- Provided individual and group therapy with adults having traumatic brain injury
- Provided education to health professionals on stress management
- Administered psychological and personality assessments.
- Participated in weekly treatment rounds with multidisciplinary team.
- Developed chronic-pain resource book for clients. **Supervisor:** Michael Sittig, Ph.D

05/10 – 8/10

University of Pittsburgh Medical Center: Hillman Cancer Center

Pittsburgh, PA

- Provided individual therapy with adults with various cancer diagnosis on inpatient medical units and outpatient clinic.
- Provided consultation and liaison services

- Participated in multidisciplinary team rounding on inpatient units with multidisciplinary team.

Supervisor: Donna Posluszny, Ph.D

RESEARCH EXPERIENCE

- 07/14 Dissertation Defense
Chair: Dr. Britney Brinkman
“Exploring Adolescent Perspectives on Dating Violence”
- 05/11 – present Peer Reviewer
Conduct peer reviews for the Journal of Interpersonal Violence
- 06/11 – 07/11 Research Assistant: Chatham University
FAIR+ (Fairness for All Individuals through Respect): Program is designed to decrease identity based bullying and teach children about fairness. The program uses hands-on activities to meet the students where they are and encourage active learning.
- 01/10 – 05/11 Psychology of Gender Research Team: Chatham University
Research Assistant within the graduate psychology department

SUPERVISORY & TEACHING EXPERIENCE

- 01/13 – 04/13 Chatham University: Pittsburgh, PA

Foundations of Counseling Psychology (PSY501:90_13SP2)
○ Teacher Assistant for students in masters of counseling psychology program. Class focused on historical, theoretical, and practical aspects of the counseling psychology field.
- 01/12 – 04/12 Chatham University: Pittsburgh, PA

Foundations of Counseling Psychology (PSY501:90_12SP2)
○ Supervision of students in masters of counseling psychology program at Chatham University. Provide individual feedback for each student to enhance skill development.

PRESENTATIONS

Mallory, Y. (2015). *Psychological and Social Challenges of Multiple Sclerosis*. Presented at the MS Views and News educational program at the Holiday Inn, Fort Myers, FL

Katz, N., & **Mallory, Y.** (2015). *Natural Treatment for Anxiety*. Presented at the Caloosa Nature Center, Fort Myers, FL

Mallory, Y., & Peterson, A. (2012). *Conflict Resolution* Presented at the Howard Levin

Clubhouse Community Center, Pittsburgh, PA

Mallory, Y., Stocker, R., & Uram, N. (2011). *Identifying Strengths and Skills for Employment*. Presented at the EARN program, Pittsburgh, PA

Isacco, A. Rogers, T.E., & **Mallory, Y.** (2010). *The Theory of Reasoned Action to Predict College Men's Intentions to Seek Psychological Help*. Poster session presented at the American Psychological Association, San Diego, CA.

Mallory, Y. (2008). *Recruitment Tips in Pulmonary Hypertension Research Trials, COMPASS 2 Trial*. Presented at the COMPASS 2 investigator meeting, Lucerne, Switzerland.

Mallory, Y. (2006-2007). *Pulmonary Hypertension Research Study Updates*. Presented at the quarterly preceptorship program, Pittsburgh PA.

PUBLICATIONS

Mallory, Y. (2007). Clinical Case Study in Pulmonary Hypertension. *American Association of Heart Failure Nurse: The Connection*. 14, 4-5.

Mallory, Y. (2000). *A low fat and low salt cookbook for hypertensive African Americans*. Unpublished manuscript. University of Delaware.

MEDICAL WORK EXPERIENCE

07/14 – present Senior Home Care: Fort Myers, FL

- Perform psychological evaluations and assessments to geriatric population

02/09 – present University of Phoenix Online: Home-Based

Faculty Instructor for the following courses:

- NURS598: Research Utilization Project- Graduate level nursing course focusing on using both nursing and scientific knowledge in the nursing practice setting.
- HCS/542: Health Care Research – Graduate level course focusing on the application of health care research methods and using evidenced based concepts to analyze current health care workplace issues.
- HCS/465: Health Care Research Utilization- Undergraduate level course introducing the purpose and process of research and its application in health care.

08/12 – 6/12 Western Psychiatric Institution and Clinic: Pittsburgh, PA

- Research Assistant for study examining patients with borderline personality disorder and their partners.
- Conducted structured interviews using the Structure Clinical Interview for DSM-IV Axis I (SCID), Hamilton Depression Scale, and the Structure Clinical Interview for Personality Disorders (SCIDP-IV).

03/11 – 08/12

Landmark Home Health Care: Pittsburgh, PA

- Performed skilled medical and psychiatric nursing homecare visits to patients.
- Conducted psychiatric assessments for patients having suicidal ideation, depression, and cognitive impairments.

01/05 – 01/11

University of Pittsburgh: Pittsburgh, PA

- Coordinated clinical research trials for the Stroke and Cardiovascular Institute. Primary responsibilities included writing research protocols and consents, IRB submissions, educating health professionals, and recruitment of participants
- Provided counseling and education to patients and family on diagnosis and treatment
- Conducted nursing assessments and interventions
- Participated in community outreach programs and provided education on stroke prevention at health fairs.

05/01 – 01/05

American Healthways: Pittsburgh, PA

- Comprehensive Care Manager: Coordinated care and utilization of resources for high risk members with heart failure, asthma, and chronic obstructive pulmonary disease.
- Created individualized health plan provided health education and counseling for members having Blue Cross Blue Shield insurance.
- Managed health members having heart failure through use of tele-home monitoring equipment.

09/00 – 05/01

University of Pittsburgh Medical Center: Pittsburgh, PA

- Staff Nurse in Cardiothoracic Intensive Care Unit and Intensive Care Units: Monitored and provided care for post-operative coronary artery bypass surgery, heart and lung transplant, and other critically ill patients on multiple intensive care units throughout hospital system.

06/93 – 09/00

Atlantic City Medical Center: Atlantic City, NJ

- Staff Nurse: Provided care to adult population on medical/surgical, cardiac step-down and critical care/trauma units.
- Preceptor to new staff and graduate nurses.
- Provided educational in-services for staff patient care.
- Completed one month critical care certification at Thomas Jefferson University Hospital in Philadelphia, PA.

PROFESSIONAL AFFILIATIONS

American Psychological Association (APA)

Division 22 - Rehabilitation Psychology

Division 35 - Psychology of Women

Division 38 - Health Psychology

Florida Psychological Association

LEADERSHIP EXPERIENCE

- 2011 – 2013 Pennsylvania Psychological Association of Graduate Students (PPAGS)
- 2008 – 2009 Campus Representative for Chatham University, Advocacy Coordinating Team Liaison
- 2006 – 2011 Pulmonary Hypertension Resource Network
Research Committee Member

COMMUNITY OUTREACH

- 2015– Present Big Brothers, Big Sisters
Fort Myers, FL
Mentoring Program
- 2010 – 2012 Mount Ararat Baptist Church
Pittsburgh, PA
- Mentoring Program for inner-city girls between the ages of 10-14 years.
- 2009 – 2010 Mount Ararat Baptist Church
Pittsburgh, PA
- Grace Ministry- Mentoring for inner city girls between the ages 8-17 years.
- 2001 – 2012 Mount Ararat Baptist Church
Pittsburgh, PA
- Annual Christmas Give Away Outreach

- Assist with ministering to disadvantage families and for women in prison and shelters in the city of Pittsburgh.

2001 – 2005

Mount Ararat Baptist Church
Pittsburgh, PA

- Health Ministry: Educating the African American community on health disease and issues with specific focus on prevention and screening.