

# JORDAN BRYCE AINSLEY

Katz Counseling and Educational Psychology  
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## EDUCATION

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**University of Miami** Coral Gables, FL | July 2019  
Doctor of Philosophy in Counseling Psychology

**Boston University** Boston, MA | May 2011  
Master of Arts, General Psychology | Cumulative GPA: 4.0

**Emory University** Atlanta, GA | May 2006  
Bachelor of Arts, Sociology | Cumulative GPA: 3.69 | Major GPA: 3.9

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## CLINICAL EXPERIENCE

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**Postdoctoral Resident** | *Katz Counseling and Educational Psychology* Fort Myers, FL | Aug 2018 – Present

*Responsibilities:*

- Provide individual, couples, family, and group psychological services to adolescents and adults
- Utilize treatment modalities including psychodynamic and psychoanalytic approaches, psychoeducation, cognitive behavioral therapy, and acceptance and commitment therapy
- Serve a broad range of psychological conditions including but not limited to personality disorders, depressive and anxiety disorders, trauma-based experiences and disorders, sexual and gender identities, and eating disorders
- Provide comprehensive neurodevelopmental, psychological, and psychoeducational evaluations
- Receive supervised training in psychological services and psychological evaluation

**Clinician** | *Florida Gulf Coast University* Fort Myers, FL | Aug 2018 – Aug 2019

*Population:*

- College students from diverse backgrounds in terms of race, ethnicity, nationality, sexual and gender identity, religious identity, and socioeconomic status. Common concerns included depression, anxiety, trauma experiences, suicidality, interpersonal difficulties, anger, financial stress, and personality disorders.

*Responsibilities:*

- Conduct comprehensive clinical intakes, including DSM-5 diagnoses and treatment planning
- Provide short- and long-term weekly psychotherapy to a consistent caseload of up to 12 individuals
- Engage in weekly individual supervision
- Assisted in developing and implementing a short-term group designed to introduce clients to therapy and provide basic skills to those waiting to initiate individual treatment
- Document all clinical contact using Titanium Schedule Software

**Clinical Intern** | *Florida Gulf Coast University* Fort Myers, FL | July 2017 – July 2018

*Population:*

- College students from diverse backgrounds in terms of race, ethnicity, nationality, sexual and gender identity, religious identity, and socioeconomic status. Common concerns included depression, anxiety, trauma experiences, suicidality, interpersonal difficulties, anger, financial stress, and personality disorders.

*Responsibilities:*

- Complete APA-Accredited Doctoral internship including 2000 hours of clinical experience with 500 direct contact
- Conduct comprehensive clinical intakes, including DSM-5 diagnoses and treatment planning

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- Provide short- and long-term weekly and biweekly psychotherapy to a consistent caseload of up to 20 individuals
- Conduct couples counseling both individually and alongside a licensed co-therapist
- Complete triage assessments and crisis interventions as well as four weeks of on-call duty
- Facilitate and co-facilitate psychotherapy groups focused on Relationship, LGBTQ, and Women's concerns
- Complete 10 campus outreach presentations covering a wide range of clinically relevant topics
- Supervise a MA-level trainee with a caseload of up to 15 clients
- Engage in weekly individual supervision including case presentations
- Complete four comprehensive assessment reports for the purposes of diagnosis and treatment planning
- Document all clinical contact using Titanium Schedule Software

### **Therapist** | *Institute for Individual & Family Counseling*

Coral Gables, FL | Aug 2016 – May 2017

#### *Population:*

- Adults, adolescents, children, and families from diverse, low-income backgrounds in the Miami area. Common concerns included depression, anxiety, interpersonal difficulties, anger, and financial stress.

#### *Responsibilities:*

- Conduct comprehensive clinical intakes, including DSM-5 diagnoses and treatment planning
- Provide short- and long-term weekly psychotherapy to a consistent caseload of 5-10 individuals, couples, or families
- Engage in weekly individual and group supervision including live session supervision and regular case presentations
- Document all clinical contact using Titanium Schedule Software

### **Therapist** | *Miami VA Medical Center*

Miami, FL | Nov 2015 – Aug 2016

#### *Population:*

- Diverse veterans ranging in age from early 20s to late 80s, and typically low-income. Common concerns included depression, anxiety, PTSD, chronic pain, grief, anger, substance/alcohol use, psychosis, and homelessness.

#### *Responsibilities:*

- Conducted three comprehensive clinical intakes per week, including DSM-5 diagnoses and treatment recommendations
- Provided time-limited, weekly psychotherapy to a consistent caseload of 4-5 individual veterans
- Developed and facilitated weekly psychotherapy groups for 7-15 participants (Acceptance and Commitment Therapy, Cognitive Behavioral Therapy, and Advanced Depression Processing Group) including crisis intervention as-needed
- Attend clinical coordination meetings with veteran's treatment team, including psychiatrists, nurses, and social workers three times per week, as well as individual supervision once per week
- Document all clinical and veteran contact using Computerized Patient Record Systems (CPRS)

### **Therapist** | *University of Miami Counseling Center*

Coral Gables, FL | Aug 2014 – Nov 2015

#### *Population:*

- Diverse undergraduate and graduate students with a high representation of first- and second-generation immigrants. Common concerns included depression, anxiety, academic stress, interpersonal and adjustment difficulties

#### *Responsibilities:*

- Conducted comprehensive clinical intakes per week, including treatment planning and referrals to group therapies
- Provided short- and long-term weekly psychotherapy to a consistent caseload of 5-10 individuals
- Engaged in weekly individual supervision and regularly presented case conceptualization in weekly training seminars
- Consulted in biweekly LGBTQ Support Group facilitated by undergraduate students
- Documented all clinical contact using Titanium Schedule Software

### **Evaluator** | *Institute for Individual & Family Counseling*

Coral Gables, FL | Jan 2014 – Jan 2015

#### *Population:*

- Children from diverse backgrounds presenting with behavioral, attention, and academic or learning-related concerns

#### *Responsibilities:*

- Produced integrated, written psychoeducational report including DSM-5 diagnoses and detailed recommendations
- Conducted comprehensive clinical intake and feedback session and communicated directly with client's school

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- Administered and interpreted psychoeducational assessment including Wechsler Intelligence Scale for Children, Fourth Edition (WISC-IV), Behavioral Assessment System for Children, Second Edition (BASC-2), Connors, Third Edition (Connors 3), Test of Variables of Attention (TOVA), Woodcock-Johnson Test of Cognitive Abilities, Third Edition (WJC-III-COG), Woodcock-Johnson Test of Achievement, Third Edition (WJ-III-ACH), and Wechsler Individual Achievement Test (WIAT).

### **Therapist** | *Institute for Individual & Family Counseling*

Coral Gables, FL | May 2013 – Aug 2014

#### *Population:*

- Adults, adolescents, children, and families from diverse, low-income backgrounds in the Miami area. Common concerns included depression, anxiety, interpersonal difficulties, anger, and financial stress.

#### *Responsibilities:*

- Conducted comprehensive clinical intakes, including DSM-4 diagnoses and treatment planning
- Provided short- and long-term weekly psychotherapy to a consistent caseload of 5-10 individuals, couples, or families
- Engage in weekly individual and group supervision, quarterly training seminars, and regular case presentations
- Documented all clinical contact using Titanium Schedule Software

### **Group Facilitator** | *Youth & Family Development Program*

Coral Gables, FL | May 2013 – Aug 2014

- Facilitate weekly group therapy for Hispanic adolescent substance users

### **Director** | *Strong Roots Children Program*

Coral Gables, FL | Aug. 2012 – May 2013

- Developed, coordinated and oversaw program focused on enhancing children's ethnic identity development

### **Parenting Consultant & Trainer**

Atlanta, GA | June 2006 – Aug. 2010

- Designed and implemented personalized family plans to address children's behavioral problems

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## **ADDITIONAL CLINICAL TRAINING**

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### **Candidate, Florida Center for Psychoanalysis**

Coral Gables, FL | Sept 2019 - Present

- Training includes four years of didactic classroom training on the theory and technique of psychoanalytic practice in addition to extensive supervision of analytic cases and personal analysis
- For more information please visit [www.apsa.org](http://www.apsa.org)

### **Individualities: How Personality Differences Matter for Psychotherapy**

Nov 2016

*Presented by Nancy McWilliams, PhD, ABPP and The Southeast Florida Association for Psychoanalytic Psychology*

- Training to distinguish between categorical and inferential/dimensional approaches to conceptualizing personality
- Conceptualizing personality in terms of intersubjective themes and its application to nuanced clinical formulation
- Development of psychotherapy style and clinical choices appropriate client's individual personality structures

### **Florida Psychoanalytic Society Scientific Meetings**

Aug 2012 - Present

- Attend quarterly workshops on a variety of clinical topics hosted and organized by the Florida Psychoanalytic Center

### **Military Sexual Trauma: What Is It, How to Detect It, and Where to Go**

April 2016

*Presented by Laurie A. Reid, LMFT and The Florida Department of Children and Families*

- Training on the detection and evidence-based treatment of Military Sexual Trauma (MST)

### **Florida Psychoanalytic Center Psychodynamic Psychotherapy Course**

Aug 2014 – May 2015

- Psychoanalytic psychotherapy course (PPC) to enhance knowledge and skill conducting psychoanalytic psychotherapy

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- Course consists of (1) didactic, seminar classes to discuss psychoanalytic theory, technique of psychoanalytic psychotherapy, and psychoanalytic understanding of psychopathology, and (2) supervision of clinical work from PPC faculty of psychoanalysts and advanced candidates of the Florida Psychoanalytic Institute

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### TEACHING EXPERIENCE

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#### Teaching Fellow | *University of Miami*

Coral Gables, FL | Aug 2016 – May 2017

- Taught undergraduate course EPS 440 – Introduction to Helping Skills for average of 15 University of Miami students
- Developed syllabus, selected textbook, and assignments consistent with University of Miami guidelines
- Prepared lectures, multimedia presentations, interactive class activities, seminar discussions, and case presentations
- Created and graded assignments including personal reflections, video recorded role plays, and position papers
- Met with students individually during weekly office hours to provide additional support as needed

#### Guest Lecturer | *University of Miami*

Coral Gables, FL | Jan. 2013 – Feb. 2014

- Lectured for undergraduate course on human sexuality, focused on the utility and limitations of social scientific theories using both historic and contemporary psychoanalytic theories of gender and sexual orientation

#### Teaching Assistant | *Boston University, Psychology Department*

Boston, MA | Jan. 2011 – May 2011

- Organized classroom activities, lectured, and graded undergraduate Industrial and Organizational Psychology course

#### Lead Teacher | *Primrose Midtown*

Atlanta, GA | July 2011 – July 2012

- Trained in and implemented rigorous Balanced Learning<sup>®</sup> curriculum and conducted developmental assessments

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### RESEARCH EXPERIENCE

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#### Research Assistant | *University of Miami Research Methods & Evaluation Program*

Coral Gables, FL | Aug 2016 – May 2017

- Assisted in developing, researching, coding, analyzing, and writing comprehensive meta-analysis evaluating the effects of interventions addressing the multicultural climate in college and university academic settings

#### Research Assistant | *University of Miami Youth and Family Development Program*

Coral Gables, FL | May 2014 – 2016

- Assisted in facilitating group therapy, data collection, and analysis on National Institute on Drug Abuse (NIDA)-funded clinical trial assessing Culturally-Informed & Flexible Family-based Treatment for Adolescents (CIFTA)

#### Research Assistant | *University of Miami, Counseling Psychology Program*

Coral Gables, FL | Jan. 2013 – Present

- GOALS (Goal Orientation and Life Success) research team
- Topics of Study: Moral Psychology, Goal Pursuit, Virtue, Ethics, Eudaimonic & Hedonic Well-Being, Flourishing

#### Research Assistant | *University of Miami, Counseling Psychology Program*

Coral Gables, FL | Aug. 2012 – May 2013

- CRECER (Challenging Racism and Empowering Communities through Ethnocultural Research) research team
- Designed and created Annual Executive Review presenting 7 research projects to potential partners and funders

#### Research Assistant | *Boston University, Center for Anxiety & Related Disorders*

Boston, MA | Sept. 2010 – May 2011

- Assisted the design and assessment of a computer-based clinician training program

#### Directed Study | *Boston University, Psychology Department*

Boston, MA | Jan. 2011 – May 2011

- Compared research on family-, parent-, and child-focused anxiety interventions from a developmental perspective
- Proposed study to assess effects of critical periods on differential outcomes across treatment modalities

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### RESEARCH PUBLICATIONS & PRESENTATIONS

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**Ainsley, J.** (2019). Toward a Theory of Ethical Mindedness: Moral Psychology and the Evolution of Human Nature. *Open Access Dissertations*. 2343.

Gattamorta, K., Mena, M., **Ainsley, J.**, & Santisteban, D. (2017). The Comorbidity of Psychiatric and Substance Use Disorders Among Hispanic Adolescents. *Journal of Dual Diagnosis*, 13(4), 254-263

Fowers, B., **Ainsley, J.**, & LeFevor, T. (2014). Reports of the death of aspiration have been indeed much exaggerated. *Theory & Psychology*, 24(3), 399-416.

Anderson, A., LeFevor, T., **Ainsley, J.**, Fowers, B. (August 2014). Two essential questions for an adequate moral psychology and human flourishing. Symposium presented at the annual American Psychological Association Convention: Washington, DC.

Anderson, A., LeFevor, T., **Ainsley, J.**, Fowers, B. (March, 2014). Toward a moral psychology worthy of its name: Three questions and a proposal. Symposium presented at the annual midwinter meeting of the Society for Theoretical and Philosophical Psychology: Atlanta, GA.